

# **MAY EVENTS FOR TEENS & ADULTS**

## **AT NORTH EAST**

### **Tween Academy: Science of Stress**

**Thursday, May 8 at 1pm**

This month learn about the relationship between stress and your body and make your own fidget stick. Ages 9-14.

### **Babysitter Basics: Kid-Friendly Snacks**

**Tuesday, May 13 at 3:15pm**

Learn to prepare kid-friendly snacks for young children. This program is part of the Babysitter Basics Series. Grades 6-12.

### **Plant Exchange**

**Tuesday, May 20 at 6:30pm**

Bring in a plant to exchange with fellow gardening enthusiasts and take home something new for your own backyard.

### **PAWS for People: DeStress Event**

**Thursday, May 22 at 3:30pm**

Did you know that spending time with pets can help impact your mental health? Stop by the Teen Room and meet a PAWS for People therapy dog! For teens in grades 6-12.

### **How to Start a Nonprofit**

**Thursday, May 22 at 6:30pm**

Learn the basics on how to start a non-profit organization. This program provides guidance, resources, and expert insight to help turn your vision into a successful non-profit.

### **Teen Lounge**

**Tuesday, May 27 at 3pm**

Stop by to play games, do art projects and try out new tech! Walk-ins welcome. Grades 6-12.

### **Dungeons & Dragons: At the Library**

**Tuesday, May 27 at 5:30pm**

Whether you are new or an expert DnD player this is a place for you. This program is recommended for ages 16+.



### **Cooking the Books:**

**Red, White, and Blueberry**

**Wednesday, May 28 at 6:30pm**

Celebrate one of Summer's favorite fruits: blueberries! Learn tasty new ways to use this versatile, healthy, and naturally sweet treat.

Register at any branch or online:  
[www.cecilcountylibrary.org](http://www.cecilcountylibrary.org)



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**LIBRARY**



Kids

Kids & Teens

All Ages



Teens

Adults